

# EDUCATION AND CARE FIRST AID

HLTAID001 Provide cardiopulmonary resuscitation  
HLTAID002 Provide basic emergency life support  
HLTAID003 Provide first aid

HLTAID004 Provide an emergency first aid response in an education and care setting



## COURSE DURATION OPTIONS:

- 2 days (14 – 18 hrs)
- 1 day (8hrs) plus pre-work
- Half day – assessment only

St John Reference:

ECFA

## OVERVIEW

This course is suitable for educators and support staff working within an education and care setting of infants and children, who are required to respond to a first aid emergency.

Please note: it is an assessment requirement of this course that the participant be able to competently perform two minutes of continuous adult/child CPR on the floor.

## COURSE CONTENT

- Roles and responsibilities of the first aider
- Management of unconscious, breathing and non-breathing casualties using the DRSABCD Action plan (including CPR and AED skills)
- Management of a choking casualty
- Recognition and management of an asthmatic emergency
- Recognition and management of an anaphylactic emergency
- Recognition and treatment of casualties experiencing shock
- Recognition and management of various injuries including: burns, wounds, musculoskeletal, facial, head and spinal injuries
- Treatment of bites and stings, including the use of the “pressure bandage with immobilisation” technique
- Recognition and management of medical conditions including chest pain, seizures and stroke

## COMPETENCIES

A Statement of Attainment is issued for successful completion of this course for the following unit:

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## PRE-REQUISITES

Participants with a language or literacy difficulty or other special needs should inform the training support staff or trainers so appropriate assistance can be arranged.

It is a requirement that online learning be completed before attending this course. You will receive a link to this resource in your confirmation letter.

## PROVIDED TRAINING MATERIALS

- Personal protective equipment (for use in the course)
- “Education & Care for Carers & Teachers” publication

## ASSESSMENT

This course employs a variety of assessment methods in order to determine competency. These may include written short answer questions, multiple choice questions, practical scenarios, and practical demonstration.

## COMPETENCY RECERTIFICATION

As per the *First Aid in the Workplace Code of Practice*, First Aiders should attend training on a regular basis to refresh their first aid knowledge and skills and confirm their competence to provide first aid. The Australian Resuscitation Council (ARC) [www.resus.org.au](http://www.resus.org.au) recommends the CPR competency be recertified annually.

NOTE: Your organisation or its regulating body may require you to renew this course, or units within this course on a 12 or 24 month basis. Please be familiar with any requirements in your own industry and/or organisation.

## St John Ambulance Australia SA Inc.



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