

# EMERGENCY FIRST AID

HLTAID001 Provide cardiopulmonary resuscitation  
HLTAID002 Provide basic emergency life support



## COURSE DURATION:

1 Day

St John Reference:

EFA

## OVERVIEW

Emergency First Aid provides the knowledge and skills required to maintain the life of an unconscious casualty until medical aid arrives. It covers DRSABCD action plan and the basic management of common injuries and medical conditions. The course has a number of assessment points including practical and theory components.

Please note: it is an assessment requirement of this course that the participant be able to competently perform two minutes of continuous adult CPR on the floor.

## COURSE CONTENT

- Roles and responsibilities of the first aider
- Management of unconscious, breathing and non-breathing casualties using the DRSABCD Action Plan
- CPR including the use of an Automated External Defibrillator (AED)
- Management of a choking casualty
- Shock
- Wounds, bleeding and burns management
- Management of medical emergencies including asthma, anaphylaxis and chest pain

## COMPETENCIES

A Statement of Attainment is issued for successful completion of this course for the following units:

HLTAID001 Provide cardiopulmonary resuscitation  
HLTAID002 Provide basic emergency life support

## PROVIDED TRAINING MATERIALS

- Personal protective equipment (for use in the course)
- St John "Emergency First Aid" publication

## PRE-REQUISITES

Participants with a language or literacy difficulty or other special needs should inform the training support staff or trainers so appropriate assistance can be arranged.

## ASSESSMENT

This course employs a variety of assessment methods in order to determine competency. These may include written short answer questions, multiple choice questions, practical scenarios, and practical demonstration.

## CERTIFICATE RENEWAL

As per the *First Aid in the Workplace Code of Practice*, First Aiders should attend training on a regular basis to refresh their first aid knowledge and skills and confirm their competence to provide first aid. The Australian Resuscitation Council (ARC) [www.resus.org.au](http://www.resus.org.au) recommends the CPR competency be recertified annually.

Please be familiar with any requirements in your own industry and/or organisation.

## St John Ambulance Australia SA Inc.



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