

OCCUPATIONAL FIRST AID

HLTAID001 Provide cardiopulmonary resuscitation
HLTAID002 Provide basic emergency life support
HLTAID003 Provide first aid
HLTAID006 Provide advanced first aid

HLTAID007 Provide advanced resuscitation
HLTAID008 Manage first aid services and resources
HLTSS00027 Occupational First Aid Skill Set



St John

COURSE DURATION OPTIONS:

- 5 days
- 4 days plus pre-work
- 3 days plus pre-work
- 2 days plus pre-work and workbook
- 1 day – assessment only

St John Reference:

OFA

OVERVIEW

Occupational First Aid equips participants for emergencies in a high risk work environment and provides the skills necessary to be responsible for a first aid room. Each day, the course builds on knowledge of days prior, to provide a depth of understanding in the provision of first aid in a variety of situations. In addition to basic first aid skills, it includes advanced skills such as the use of oxygen, clinical assessments and the use of the SMART triage system.

Please note: it is an assessment requirement of this course that the participant be able to competently perform two minutes of continuous adult CPR on the floor.

COURSE CONTENT

- Roles and responsibilities of the first aider
- Management of unconscious, breathing and non-breathing casualties using the DRSABCD Action Plan
- CPR including the use of an Automated External Defibrillator (AED)
- Safe use of oxygen and associated therapy equipment
- Basic and advanced management of a variety of first aid situations including choking, medical emergencies, bleeding, fractures, soft tissue injuries, head, neck and spinal injuries, eye injuries and irrigation
- Manual handling for lifting and moving patients
- Triage using the internationally recognised SMART triage system™
- Clinical assessment and vital sign observations
- Post incident management
- Risk assessments and legislation relating to the first aider
- Design, set up and management of a first aid room
- Managing a major incident

COMPETENCIES

A Statement of Attainment is issued for successful completion of this course for the following unit:

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PROVIDED TRAINING MATERIALS

- Personal protective equipment (for use in the course)
- St John "Australian First Aid" publication
- St John "Advanced Resuscitation" publication
- Anatomy and Physiology information booklet
- "Occupational First Aid" publication

ASSESSMENT

This course employs a variety of assessment methods in order to determine competency. These may include written short answer questions, multiple choice questions, practical scenarios, and practical demonstration.

PRE-REQUISITES

Participants with a language or literacy difficulty or other special needs should inform the training support staff or trainers so appropriate assistance can be arranged.

It is highly recommended that participants complete the pre-course work prior to attendance.

COMPETENCY RECERTIFICATION

As per the *First Aid in the Workplace Code of Practice*, First Aiders should attend training on a regular basis to refresh their first aid knowledge and skills and confirm their competence to provide first aid. The Australian Resuscitation Council (ARC) www.resus.org.au recommends the CPR competency be recertified annually.

Please be familiar with any requirements in your own industry and/or organisation.

St John Ambulance Australia SA Inc.



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St John SA delivers nationally recognised training in partnership with RTO 88041 St John Ambulance Australia Ltd

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