

PROVIDE ADVANCED FIRST AID

HLTAID001 Provide cardiopulmonary resuscitation
HLTAID002 Provide basic emergency life support
HLTAID003 Provide first aid

HLTAID006 Provide advanced first aid
HLTAID007 Provide advanced resuscitation



COURSE DURATION OPTIONS:

- 4 days
- 3 days plus pre-work
- 2 days plus pre-work
- 1 day – assessment only

St John Reference:

PAFA

OVERVIEW

Advanced First Aid equips the participant for emergencies in both basic and high risk environments and includes the administration of oxygen and an Automated External Defibrillator (AED). The program is organised in a progressive manner that allows the participant to become proficient with the basic skills before progressing on to more complex ones. The aim of the course is to not only provide accurate and concise demonstrations of the required skills, but also develop the participant's confidence in using the skills and equipment. In order to achieve this confidence, participants will practice throughout the sessions.

Please note: it is an assessment requirement of this course that the participant be able to competently perform two minutes of continuous adult CPR on the floor.

COURSE CONTENT

- Roles and responsibilities of the first aider
- Management of unconscious, breathing and non-breathing casualties using the DRSABCD action plan
- CPR including the use of an Automated External Defibrillator (AED)
- Safe use of oxygen and associated therapy equipment
- Basic and advanced management of a variety of first aid situations including choking, medical emergencies, bleeding, fractures, soft tissue injuries, head, neck and spinal injuries, eye injuries, eye irrigation and more

- Manual handling for lifting and moving patients
- Triage using the internationally recognised SMART™ triage system
- Clinical assessment and vital sign observations
- Post incident management

COMPETENCIES

A Statement of Attainment is issued for successful completion of this course for the following unit:

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PROVIDED TRAINING MATERIALS

- Personal protective equipment (for use in the course)
- St John "Australian First Aid" publication
- St John "Advanced Resuscitation" publication
- Anatomy and Physiology information booklet

ASSESSMENT

This course employs a variety of assessment methods in order to determine competency. These may include written short answer questions, multiple choice questions, practical scenarios, and practical demonstration.

PRE-REQUISITES

Participants with a language or literacy difficulty or other special needs should inform the training support staff or trainers so appropriate assistance can be arranged.

It is highly recommended that participants complete the pre-course work prior to attendance.

CERTIFICATE RENEWAL

As per the *First Aid in the Workplace Code of Practice*, First Aiders should attend training on a regular basis to refresh their first aid knowledge and skills and confirm their competence to provide first aid. The Australian Resuscitation Council (ARC) www.resus.org.au recommends the CPR competency be recertified annually.

Please be familiar with any requirements in your own industry and/or organisation.

St John Ambulance Australia SA Inc.



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