

REMOTE AREA FIRST AID

HLTAID001 Provide cardiopulmonary resuscitation
HLTAID002 Provide basic emergency life support
HLTAID003 Provide first aid

HLTAID005 Provide first aid in a remote situations



COURSE DURATION OPTIONS:

- 4 days
- 3 days plus pre-work
- Half-day – assessment only

St John Reference:

RAFA

OVERVIEW

The Remote Area First Aid course is designed to equip those, who for work or recreation, travel in remote areas, where in the event of an accident causing injury, medical help will be delayed. The aim of this course is to provide the necessary skills and knowledge to sustain life, reduce pain and minimise the consequences of injury or sudden illness until professional help arrives or to support and prepare the individual for evacuation.

Please note: it is an assessment requirement of this course that the participant be able to competently perform two minutes of continuous adult CPR on the floor.

COURSE CONTENT

- Roles and responsibilities of the First Aider
- Planning and preparation
- Infection control and hygiene in a remote setting
- Management of unconscious, breathing and non-breathing casualties using the DRSABCD Action Plan (including CPR and AED skills)
- Management of a choking casualty
- Injury and medical condition recognition and management
- Identification and management of bites and stings, including the use of the “Pressure bandage with immobilisation” technique.
- Clinical assessments and prolonged care
- Triage

COMPETENCIES

A Statement of Attainment is issued for successful completion of this course for the following unit:

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PROVIDED TRAINING MATERIALS

- Personal protective equipment (for use in the course)
- St John “Emergency First Aid” publication
- St John “Remote Area Field Guide” publication

ASSESSMENT

This course employs a variety of assessment methods in order to determine competency. These may include written short answer questions, multiple choice questions, practical scenarios, and practical demonstration.

PRE-REQUISITES

It is highly recommended that participants complete the online learning prior to attendance.

CERTIFICATE RENEWAL

As per the First Aid in the *Workplace Code of Practice*, First Aiders should attend training on a regular basis to refresh their first aid knowledge and skills and confirm their competence to provide first aid. The Australian Resuscitation Council (ARC) www.resus.org.au recommends the CPR competency be recertified annually.

Please be familiar with any requirements in your own industry and/or organisation.

St John Ambulance Australia SA Inc.



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