

## Advanced First Aid with Advanced Resuscitation

This course is appropriate for people who work in high-risk areas, act as first aiders to larger facilities or groups, or work in areas where help may be delayed or have difficulty accessing casualties. The course covers a broad range of advanced skills and provides you with high level skills in management of large incidents, major trauma, sudden cardiac arrest and emotionally disturbed and drug affected casualties.

This course also covers the skills and knowledge required to use specialised equipment in the provision of resuscitation and oxygen therapy in line with the Australian Resuscitation Council (ARC) guidelines.

### PARTICIPANT COHORT

Participants are drawn from across the Australian community as first aid is considered an important life skill. Most participants are currently employed in workplaces and are seeking to be first aiders in their workplace. Participants may also be people enrolled in courses where first aid is a prerequisite (e.g., medicine, nursing) or is part of the course requirements (e.g., enrolled nursing, sports).

### PRE-REQUISITE UNIT

Participants are required to undertake or present evidence for HLTAID011 Provide First Aid prior to commencing HLTAID015 Provide advanced resuscitation and oxygen therapy.

### COURSE DURATION

St John offers the following options:

- 3 day face to face workshop: This is full face to face course and participants are required to attend all 3 days. Those participants who have completed HLTAID011 Provide First Aid in last three (3) years may be entitled to an exemption from the first day.

### CERTIFICATE

On successful completion of this course, you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID010 Provide basic emergency life support
- HLTAID011 Provide First Aid
- HLTAID014 Provide Advanced First Aid
- HLTAID015 Provide advanced resuscitation and oxygen therapy

The Safe Work Australia First Aid in the Workplace Model Code of Practice requires employers to ensure that their nominated first aiders attend training on a regular basis to remain current.

The Code of Practice recommends that refresher training in CPR should be carried out annually and first aid qualifications should be renewed every three years.

## COURSE OUTLINE

This course covers:

- Major trauma management
- Triage
- Use of spine boards and stretchers
- Managing emotionally disturbed casualties
- Pulse, blood pressure and pupil reactions
- Medications
- Clinical assessments
- Pain management
- Body systems
- Drug and alcohol affected casualties
- DRSABCD action plan
- Infection control
- Automated external defibrillation (AED)
- Soft bag resuscitation
- Administration of oxygen
- Oxygen delivery systems
- Oxygen powered resuscitation
- Oropharyngeal airways
- Suction equipment
- Post incident stress management

## ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc. You will be required to demonstrate CPR on a manikin on the floor.

## LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC (at a venue near you)
- ONSITE (at a venue of your choice)
- ONLINE (some training can be delivered online)

## DELIVERY BY ST JOHN RTO PARTNERS

St John Ambulance South Australia delivers nationally recognised training in partnership with St John Ambulance Australia Ltd. (TOID 88041).

Contact details for all partner organisations are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

## PARTICIPANT'S HANDBOOK

Download the *Participant's Handbook* from [www.stjohn.org.au](http://www.stjohn.org.au) for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information. We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course,  
contact the Training Office in your area  
**1300 ST JOHN (1300 785 646) [WWW.STJOHN.ORG.AU](http://WWW.STJOHN.ORG.AU)**

