

Provide First Aid

100% online



HLTAID009 Provide cardiopulmonary resuscitation
HLTAID010 Provide basic emergency life support
HLTAID011 Provide First Aid



Overview

The St John Ambulance SA Provide First Aid 100% Online course covers the same comprehensive topics as the traditional flagship course, allowing participants to confidently manage first aid first aid injuries and illnesses. Suitable for workplace and members of the public who want training in first aid and are comfortable in the virtual environment.

Note: you will need multiple devices (i.e. smart phone and tablet or laptop) and internet access to be able to attend this course. Additionally, a second person is needed during practical assessments to demonstrate providing first aid to another person.

Course Duration

This course includes online pre-learning and assessment, virtual class attendance and practical assessments.

Online pre-learning and assessment will take up to 4 hours to complete. It is mandatory for participants to complete the online theory assessment prior to undertaking virtual classroom, this can be done at a time that is suitable to the participant.

The virtual classroom, including practical assessments, will take 4 hours to complete.

Certificate

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID010 Provide basic emergency life support
- HLTAID011 Provide First Aid

St John recommends, as per the First Aid in the Workplace Code of Practice and the Australian Resuscitation Council guidelines, that first aid skills are renewed every 3 years and resuscitation skills (HLTAID009/HLTAID015) are renewed every 12 months.

Course Outline

The course covers the following:

- Roles and responsibilities of the first aider
- The DRSABCD action plan and responding to emergency situations
- Managing unconscious casualties
- Cardiopulmonary resuscitation (CPR)
- Using a defibrillator (AED)
- Legal issues in first aid
- Infection control
- Diabetes and seizures
- Asthma
- Allergic reactions and Anaphylaxis
- Wound and bleeding management
- Burns
- Fractures and dislocations
- Sprains and strains
- Hypothermia and hyperthermia
- Head, neck, and spinal injuries
- Medical emergencies
- Choking
- Abdominal and chest injuries
- Poisoning management
- Bites and stings
- Stroke
- Safety and risk management

Assessment Methods

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities, etc.

You will be required to demonstrate CPR on a manikin on the floor.

Locations

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- Public (at a venue near you)
- Onsite (at a venue of your choice)
- Online (some training can be delivered online)

Delivery by St John RTO Partners

St John Ambulance South Australia acts as an agent for the delivery of nationally recognised training on behalf of St John Ambulance Australia (RTO 88041) who is offering this training.

Contact details for all partner organisations are available from stjohnsa.com.au or call 1300 ST JOHN (1300 78 5646).

Participant's Handbook

Download the [Participant's Handbook](#) from stjohnsa.com.au for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the Training Office in your area.

1300 ST JOHN (1300 78 5646) | www.stjohnsa.com.au

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For more information about your specific course, including units of competency achieved, options for delivery, duration and more, visit www.stjohnsa.com.au/training.