

# Provide cardiopulmonary resuscitation (CPR)



HLTAID009 Provide cardiopulmonary resuscitation



## Overview

The St John Cardiopulmonary Resuscitation (CPR) course gives you the skills to perform CPR on a person who is unconscious and not breathing normally in line with the Australian Resuscitation Council (ARC) guidelines. You will require the knowledge and confidence to perform CPR on an adult, child and infant, to describe alternative methods for delivering rescue breaths and how to manage a victim of drowning.

## Course Duration

St John offers the following options:

- 3 hours face-to-face workshop: this is full face-to-face course and participants are required to attend the full workshop.
- 1.5 hours (face-to-face workshops with prework): Participants will be required to undertake online e-learning module prior to attending the face-to-face workshops for practice and assessment.

## Certificate

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation

St John recommends, as per the First Aid in the Workplace Code of Practice and the Australian Resuscitation Council guidelines, that first aid skills are renewed every 3 years and resuscitation skills (HLTAID009/HLTAID015) are renewed every 12 months.

## Course Outline

The course covers the following:

- DRSABCD action plan and responding to emergency situations
- Managing unconscious breathing casualties
- Cardiopulmonary resuscitation (CPR)
- Using a defibrillator (AED)
- Legal issues in first aid
- Infection control

## Assessment Methods

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities, etc.

You will be required to demonstrate CPR on a manikin on the floor.

## Locations

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- Public (at a venue near you)
- Onsite (at a venue of your choice)
- Online (some training can be delivered online)

## Delivery by St John RTO Partners

St John Ambulance South Australia acts as an agent for the delivery of nationally recognised training on behalf of St John Ambulance Australia (RTO 88041) who is offering this training.

Contact details for all partner organisations are available from [stjohnsa.com.au](http://stjohnsa.com.au) or call 1300 ST JOHN (1300 78 5646).

## Participant's Handbook

Download the [Participant's Handbook](#) from [stjohnsa.com.au](http://stjohnsa.com.au) for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

**For more information on this course, contact the Training Office in your area.**

**1300 ST JOHN (1300 78 5646) | [www.stjohnsa.com.au](http://www.stjohnsa.com.au)**

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For more information about your specific course, including units of competency achieved, options for delivery, duration and more, visit [www.stjohnsa.com.au/training](http://www.stjohnsa.com.au/training).