

# Provide Advanced First Aid + Provide Advanced Resuscitation



HLTAID009 Provide cardiopulmonary resuscitation  
HLTAID010 Provide basic emergency life support  
HLTAID011 Provide First Aid  
HLTAID014 Provide Advanced First Aid  
HLTAID015 Provide advanced resuscitation and oxygen therapy



## Overview

This course is appropriate for people who work in high-risk areas, act as first aiders to larger facilities or groups, or work in areas where help may be delayed or have difficulty accessing casualties. The course covers a broad range of advanced skills and provides you with high level skills in management of large incidents, major trauma, sudden cardiac arrest and emotionally disturbed and drug affected casualties.

This course also covers the skills and knowledge required to use specialised equipment in the provision of resuscitation and oxygen therapy in line with the Australian Resuscitation Council (ARC) guidelines.

## Pre-requisite Unit

HLTAID011 Provide First aid is a pre-requisite for HLTAID015 Provide advanced resuscitation and oxygen therapy. HLTAID011 Provide First Aid is included in this course.

## Course Duration

St John offers the following options:

- 3 days face-to-face workshop: This is full face-to-face course and participants are required to attend all 3 days. Those participants who have completed HLTAID011 Provide First Aid in last three (3) years may be entitled to an exemption from the first two days.
- 2 days (face to face workshops with pre-work): Participants are required to undertake online elearning module prior to attending the face-to-face workshops for practice and assessment. Those participants who have completed HLTAID011 Provide First Aid in last three (3) years may be entitled to an exemption from the first day
- Assessment only: The assessment only option will particularly suit participants who regularly apply first aid skills and engage in ongoing learning about first aid.

## Certificate

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID010 Provide basic emergency life support
- HLTAID011 Provide First Aid
- HLTAID014 Provide Advanced First Aid
- HLTAID015 Provide advanced resuscitation and oxygen therapy

St John recommends, as per the First Aid in the Workplace Code of Practice and the Australian Resuscitation Council guidelines, that first aid skills are renewed every 3 years and resuscitation skills (HLTAID009/HLTAID015) are renewed every 12 months.

## Course Outline

The course covers the following:

- Major trauma management
- Triage
- Use of spine boards and stretchers
- Managing emotionally disturbed casualties
- Pulse, blood pressure and pupil reactions
- Pain management
- Body systems
- DRSABCD action plan
- Infection control
- Automated external defibrillation (AED)
- Soft bag resuscitation
- Administration of oxygen
- Oxygen delivery systems
- Drug and alcohol affected casualties
- Medications
- Clinical assessments
- Oxygen powered resuscitation
- Oropharyngeal airways
- Suction equipment
- Post incident stress management

## Assessment methods

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities, etc.

You will be required to demonstrate CPR on a manikin on the floor.

## Locations

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- Public (at a venue near you)
- Customised (on-site consultation)
- Onsite (at a venue of your choice)
- Online (some training can be delivered online)

## Delivery by St John RTO Partners

St John Ambulance South Australia acts as an agent for the delivery of nationally recognised training on behalf of St John Ambulance Australia (RTO 88041) who is offering this training.

Contact details for all partner organisations are available from [stjohnsa.com.au](http://stjohnsa.com.au) or call 1300 ST JOHN (1300 78 5646).

## Participant's Handbook

Download the [Participant's Handbook](#) from [stjohnsa.com.au](http://stjohnsa.com.au) for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

**For more information on this course, contact the Training Office in your area.**

**1300 ST JOHN (1300 78 5646) | [www.stjohnsa.com.au](http://www.stjohnsa.com.au)**

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For more information about your specific course, including units of competency achieved, options for delivery, duration and more, visit [www.stjohnsa.com.au/training](http://www.stjohnsa.com.au/training).