

# Occupational First Aid



HLTSS00068 Occupational First Aid Skill Set



## Overview

Do you work with heavy machinery or in a high-risk work environment? A higher first aid qualification may be required to ensure your staff and employees are protected against potential dangers.

This course equips students for emergencies in a high-risk work environment and provides the skills necessary to be responsible for a first aid room.

## Pre-requisite Unit

Participants are required to undertake or present evidence for HLTAID011 Provide First Aid prior to commencing HLTAID015 Provide advanced resuscitation and oxygen therapy.

## Course Duration

St John offers the following options:

- 4 days face-to-face workshop: This is full face-to-face course and participants are required to attend all days. Those participants who have completed HLTAID011 Provide First Aid in last three (3) years may be entitled to an exemption from the first day.
- Assessment only: This course is for those who are confident in their skills and only want to complete the assessment.

## Certificate

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID010 Provide basic emergency life support
- HLTAID011 Provide First Aid
- HLTAID014 Provide Advanced First Aid
- HLTAID015 Provide advanced resuscitation and oxygen therapy
- HLTAID016 Manage first aid services and resources

St John recommends, as per the First Aid in the Workplace Code of Practice and the Australian Resuscitation Council guidelines, that first aid skills are renewed every 3 years and resuscitation skills (HLTAID009/HLTAID015) are renewed every 12 months.

## Course Outline

The course covers the following:

- Resuscitation including using a soft bag resuscitator
- Oxygen therapy and application of an AED, including equipment maintenance
- Clinical assessment in detail
- Triage
- Management of: Eye injuries, lifting and moving of a casualty, head, neck and injuries including collars and spine board
- Casualties who are emotionally disturbed and under the influence of drugs and alcohol
- Planning a response to a major incident

## Course Outline Continued...

- Risk assessment
- Managing all aspects of a First Aid room
- Documentation
- First aid in the context of the workplace
- Post incident management
- Relevant First Aid legislation
- Evaluating provision of First Aid

## Assessment methods

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities, etc.

You will be required to demonstrate CPR on a manikin on the floor.

## Locations

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- Public (at a venue near you)
- Onsite (at a venue of your choice)
- Online (some training can be delivered online)

## Delivery by St John RTO Partners

St John Ambulance South Australia acts as an agent for the delivery of nationally recognised training on behalf of St John Ambulance Australia (RTO 88041) who is offering this training.

Contact details for all partner organisations are available from [stjohnsa.com.au](http://stjohnsa.com.au) or call 1300 ST JOHN (1300 78 5646).

## Participant's Handbook

Download the [Participant's Handbook](#) from [stjohnsa.com.au](http://stjohnsa.com.au) for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

**For more information on this course, contact the Training Office in your area.**

**1300 ST JOHN (1300 78 5646) | [www.stjohnsa.com.au](http://www.stjohnsa.com.au)**

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St John Ambulance (SA) delivers nationally recognised training and assessment on behalf of St John Ambulance Australia (RTO 88041).

For more information about your specific course, including units of competency achieved, options for delivery, duration and more, visit [www.stjohnsa.com.au/training](http://www.stjohnsa.com.au/training).